**RELATIONSHIPS & SEXUALITY EDUCATION**

**SPECIAL NEEDS RESOURCE LIST**

The National Council for Curriculum and Assessment’s ‘Guidelines for Teachers of Students With General Learning Disabilities’ contains comprehensive guidelines on teaching SPHE to students with mild general learning disabilities at primary and post-primary level, and to students with moderate and severe and profound general learning disabilities.

Available from NCCA, 24 Merrion Square, Dublin 2. Tel 01 661 7177. [www.ncca.ie](http://www.ncca.ie)

Email: info@ncca.ie

The Department of Education and Science does not endorse the use of any of the resources listed below. It is the responsibility of those using additional resources for RSE to ensure that the content is appropriate to the needs of the school, in line with school policy and suitable for school programmes as outlined by the National Council for Curriculum and Assessment.

**RSE Resource Materials**

- ‘Lets Do It.’ Creative activities for sex education for young people with learning difficulties. Over 80 drama based activities developed by Image in Action. R. Johns, L. Scott and J. Bliss. Go to: [www.imageinaction.org](http://www.imageinaction.org) and click on ‘Resources’
- ‘Living Your Life.’ A sex education and personal development resource for special educational needs. Dr. A. Craft. Brook Publications. Go to: [www.brook.org.uk](http://www.brook.org.uk) and click on ‘Publications’
- ‘Talk To Me’ A personal development manual for women and girls with Down syndrome, and their parents. Free download available from: [www.dsanw.org.au](http://www.dsanw.org.au) and enter ‘Talk To Me’ into Search
- Body Board. Go to: [www.headonltd.co.uk](http://www.headonltd.co.uk) and click on ‘Products’
• Anatomically correct boy and girl dolls are available from Findel Education Limited, Unit 11 Naas Road Business Park, Dublin 12. Tel 01 427 3100

RSE Related Materials
• ‘Stay Safe’ Personal Safety Skills for Children with Learning Difficulties. Go to www.staysafe.ie
• ‘People Skills for Young Adults with a Mild Learning Disorder’ Go to: www.chalkface.com and click on ‘PSHE’
• ‘Talkabout Relationships’ Building self esteem and relationship skills. Alex Kelly, Speechmark. Available from ‘Outside the Box’. Go to www.otb.ie and go to ‘Product Search’

Resources for Parents
• ‘How Did I Begin’ (see above)
• ‘Lets Talk About Where Babies Come From’ Robbie H Harris, Walker Books. For parents and carers who wish to talk to children aged 8-12 about sex relationships and growing up. Available from bookshops.